

**Saratoga Bridges
Board of Directors**

Patricia Poklemba
President

Karen Heggen
Vice President

Marjorie Shaw
Secretary

William Ennis
Treasurer

Robert Barnett
Robert DeSio
Rev. Joyce deVelder
Dr. Lawrence Fein
Rev. Richard Hoffman
Susan Kiley
Angela McDonald
Chester Piecuch
Steven Rowland
David Wickerham

**Saratoga Bridges
Foundation
Board of Directors**

Chadwick Beatty
President

Christopher Spratt
Vice President

Ginger Whitman
Secretary

Jay Shupe
Treasurer

Steven Rowland
Sole Member

Karin Hyman
Kevin Joyce
Kara Lais, Esq.
Carol Obloy
David Tarella

**Honorary Advisory
Board**

Kimberly Adams-Russell
Robert DeSio
Charles Wait

More information:
Ms. Pamela Polacsek
ppolacsek@saratogabridges.org
(518) 587-0723 ext. 1255

FOR IMMEDIATE RELEASE

June 6, 2013

Saratoga Bridges announces graduates from their Leadership Institute

Stacey Webster and Laura Galchin are the third and fourth graduates of the Saratoga Bridges Leadership Institute. Stacey is a Program Coordinator at the Wilton Day Habilitation Program and Laura is a Program Coordinator at the Clifton Park Day Habilitation Program. Both graduates have demonstrated a potential for advancement in administrative and agency-wide functions and activities.

Saratoga Bridges Leadership Institute began in 2009 to strengthen their workforce, build internal leadership capacity, foster long-range individual growth and develop a group of highly knowledgeable staff. Selected staff meets monthly to receive training on the fundamentals of leadership and determine the manner in which to experience the agency mission and each department's activities. Their training focuses on topics that include supervisory strategies, communications, human behavior, self-analysis, presentation skills and others. Mentors guide the candidates until he or she is ready to successfully demonstrate their knowledge base to a graduation panel of executives and peers.

Stacey presented a staff training course for new employees on Person Centered Planning and Positive Approaches that utilizes a process of planning and behavior management for adults with developmental disabilities. Laura's project details the development of a training course as well that focuses on Individual Support Plans. She also created a digital goals bank for her fellow staff members so they can access and improve the quality of life for adults with developmental disabilities. As graduates, Stacey and Laura can become mentors for co-workers in the Leadership Institute program, serve on future graduate panels and use their training for agency-wide task forces and committees.

Saratoga Bridges has been providing the highest level of programs to people with developmental disabilities and their families for more than 55 years by promoting their abilities and achievements in every aspect of community life. As one of the largest private non-profit organizations in Saratoga County, they have been committed to ensuring that the individuals they serve are able to realize their goals, hopes and dreams as they work, shop, play, and volunteer while leading full, productive and contributing lives. This voluntary service provider believes that the care they give increases immeasurably the quality of life for every citizen. Saratoga Bridges' philosophy is that every day is full of possibilities!