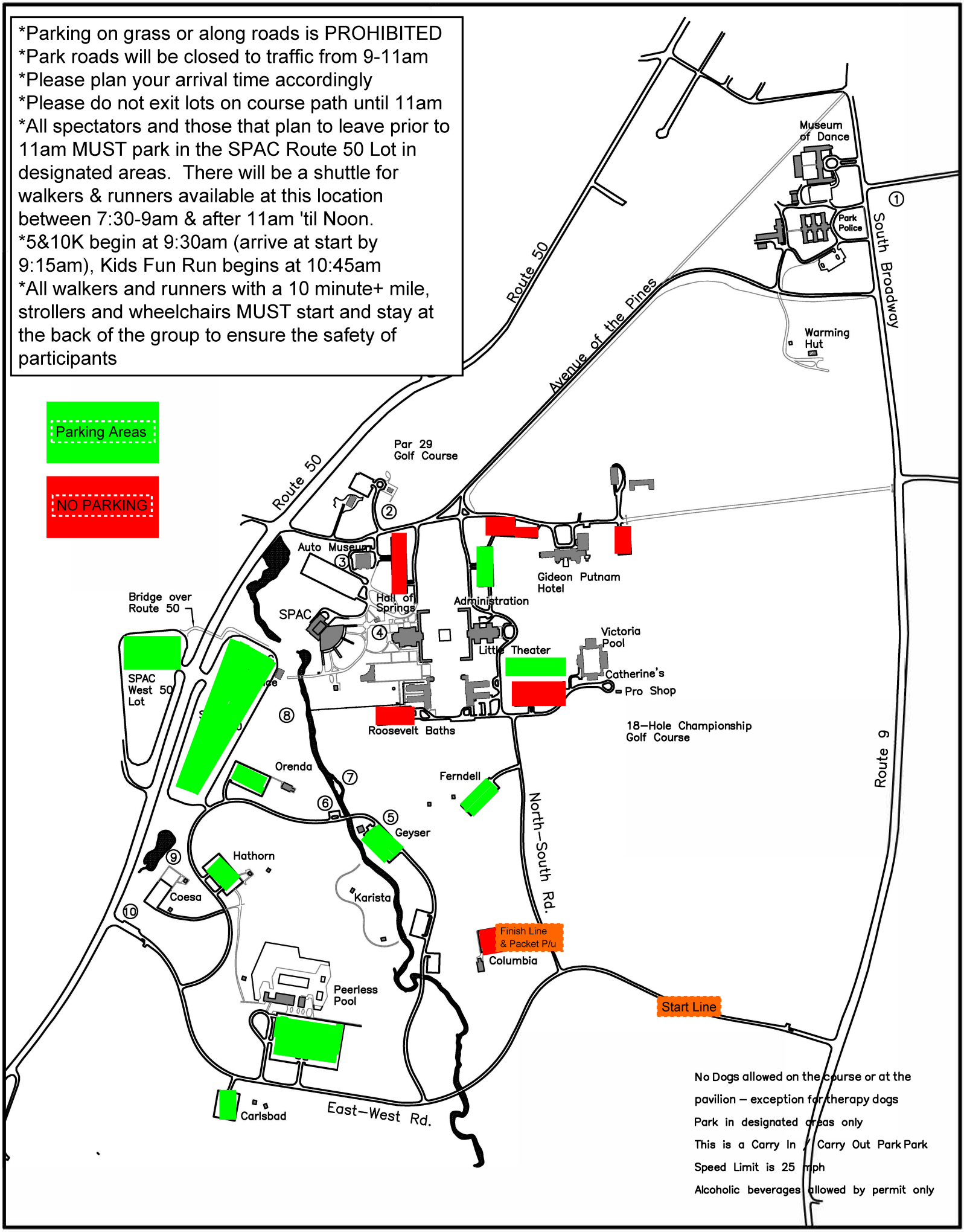
*Parking on grass or along roads is PROHIBITED
*Park roads will be closed to traffic from 9-11am
*Please plan your arrival time accordingly
*Please do not exit lots on course path until 11am
*All spectators and those that plan to leave prior to 11am MUST park in the SPAC Route 50 Lot in designated areas. There will be a shuttle for walkers & runners available at this location between 7:30-9am & after 11am 'til Noon.
*5&10K begin at 9:30am (arrive at start by 9:15am), Kids Fun Run begins at 10:45am
*All walkers and runners with a 10 minute+ mile, strollers and wheelchairs MUST start and stay at the back of the group to ensure the safety of participants



No Dogs allowed on the course or at the pavilion – exception for therapy dogs
Park in designated areas only
This is a Carry In / Carry Out Park Park
Speed Limit is 25 mph
Alcoholic beverages allowed by permit only