

The premier community resource for people with disabilities and their families

**Saratoga Bridges
Board of Directors**

Patricia Poklemba
President
Karen Heggen
Vice President
Marjorie Shaw
Secretary
William Ennis
Treasurer
Steve Bulger
Robert DeSio
Rev. Joyce deVelder
Rick Dunn
Dr. Lawrence Fein
Angela McDonald
Chester Piecuch
Susan Ritzenberg
Steven Rowland
David Wickerham

**Saratoga Bridges
Foundation
Board of Directors**

Chadwick Beatty
President
Christopher Spratt
Vice President
Ginger Whitman
Secretary
Jay Shupe
Treasurer
Steven Rowland
Sole Member
Karin Hyman
Kevin Joyce
Kara Lais, Esq.
Carol Obloy
David Tarella

**Honorary Advisory
Board**

Kimberly Adams-Russell
Kimberly Burton
Robert DeSio
Elizabeth Harr
Edward Mitzen
Charles Wait

More information:
Ms. Pamela Polacsek
ppolacsek@saratogabridges.org
(518) 587-0723 ext. 1255

FOR IMMEDIATE RELEASE
December 20, 2012

Saratoga Bridges receives a NYSARC Trusts Recreation Grant

The Trustees of the NYSARC Trusts provided Saratoga Bridges with a \$5,000 grant to provide new recreational opportunities for their consumers. The Saratoga County Chapter of NYSARC, Inc. utilized this grant to purchase 40 additional books for their Next Chapter Book Club. This is held at one of their Day Hab Programs and serves 75 adults with developmental disabilities. They were able to engage a Certified Yoga Instructor for 6 weeks to teach yoga to 6 children with special needs during the fall of 2012. Since this was so successful they are planning to offer another 6 week session in February. Also, funds were used to support a Dance and Movement Workshop for children and parents in the fall 2012 and 10 families were able to participate. Lastly, a portion of the grant provided 4 Dances that were held in the evening for adults with developmental disabilities. On average 85 people attend these social and recreational opportunities. The next dance is scheduled for January 19, 2013.

The NYSARC Trusts administer supplemental needs trusts that enable disabled persons to remain in their home and community while retaining their Medicaid eligible services. The Trustees utilize remainder funds to benefit other persons with disabilities including unfunded Chapter Guardianship as provided by statute. During the last 12 months the Trusts have provided \$750,000 to support Chapter Guardianship and over \$50,000 in direct grants to needy consumers. Information on the NYSARC Trust is available by calling 518-439-8323 or 1-800-735-8924 or at www.nysarctrustservices.org.

Saratoga Bridges has been providing the highest level of programs to people with developmental disabilities and their families for more than 55 years by promoting their abilities and achievements in every aspect of community life. As one of the largest private non-profit organizations in Saratoga County, they have been committed to ensuring that the individuals they serve are able to realize their goals, hopes and dreams as they work, shop, play, and volunteer while leading full, productive and contributing lives. This voluntary service provider believes that the care they give increases immeasurably the quality of life for every citizen. Saratoga Bridges' philosophy is that every day is full of possibilities!