

Registration Form

Empowering People with Intellectual and Developmental Disabilities: Supporting Their Right to Sexual Expression

April 26, 2013

Century House,
997 New Loudon Road
Latham, NY 12110

Name
(s)/Title: _____

Address: _____

City: _____

State: _____ Zip: _____

Telephone: _____

Number Attending: _____

E-mail Address: _____

Please Check One:

- Self Advocate/Family Member -
\$25.00 Per Person
- Professionals—\$65 Per Person
Organization

**No Purchase Orders or Credit Cards
Accepted!**

**Register early – Limited Registration
Available!**

*Morning coffee and hot and cold buffet
lunch included in registration fee.*

Send Registration and Make Checks

Payable to:

Saratoga Bridges
16 Saratoga Bridges Blvd.
Ballston Spa, NY 12020
Attn: Patricia Paduano
RSVP: April 15, 2013

Sponsored by:



*The Premier Community Resource for
People with Disabilities and their Families!*



Planned Parenthood Mohawk Hudson



Friday , April 26, 2013

8:15 am to 4:00 pm

*For questions or information
contact: Marie Awn Floyd, Wildwood
Programs,
(518) 640-3346 or
mawnfloyd@wildwoodprograms.org*



Empowering People with Intellectual and Developmental Disabilities: Supporting Their Right to Sexual Expression

Keynote Presentation by
Perry Samowitz

**Friday , April 26, 2013
8:15 am to 4:00 pm**

*Presented by:
Saratoga Bridges, Wildwood Programs,
Planned Parenthood Mohawk Hudson*

Century House,
997 New Loudon Road
Latham, NY 12110

About the Keynote Speaker & Presentation



Perry Samowitz

Perry Samowitz is the Senior Director of Government Training Initiatives at YAI (Young Adult Institute) in New York City. He has worked in the field of intellectual disabilities for over 35 years. Perry has been an ASSECT Certified Sex Educator, a Clinical Fellow of the American Academy of Clinical Sexologists, and a Diplomate of the American Board of Sexology. He led a team that developed a standard and tool for determining sexual consent. Perry co-produced a 9 video series teaching relationships and sexuality to people with intellectual disabilities, and the YAI Sex in the City curriculum. He co-authored YAI's Relationship and Sexuality Policy and is the chairman of the YAI Sexuality Rights and Advocacy Committee. Perry also helped start the You and I Dating Program. Perry has presented across the United States, and in Canada, Iceland, Finland, Jordan, Saudi Arabia, the United Arab Emirates and Israel.

Conference Agenda

8:15 am—8:45 am Registration
8:45 am—9:00 am Welcoming Address

- Mary Ann Allen, *Chief Executive Officer*, Wildwood Programs
- Valerie Muratori, *Executive Director*, Saratoga Bridges
- Paul Driscgula, *Co-President/CEO*, Planned Parenthood Mohawk-Hudson

9:00 am—10:30 am Perry Samowitz -
Keynote Presentation

The keynote presentation will challenge you on your thoughts and ideas on the controversial topic of sexuality. Discussion will focus around the roles of parents, staff and agencies in educating and supporting individuals with intellectual disabilities.

10:30 am—10:45am **Break**

10:45am — 11:45pm “Mixed Messages – Social –Sexual Messages in Popular Culture, Family and Service Communities”

Darren Cosgrove, *Sexuality Educator*, Planned Parenthood Mohawk-Hudson

Participants will explore the messages that people with disabilities often receive and discuss the impact that these messages have on individuals' understanding of their own sexuality

11:45 pm—12:30 pm **Join us for a hot and cold buffet**

12:30pm – 1:30pm **Workshops (Choose One)**

1. “Safer Surfing: Sexuality and Navigating the Internet”

Allison Jackson, *Sexuality Educator*, Planned Parenthood Mohawk-Hudson

Participants will explore effective and safe online communication and internet use for individuals with intellectual disabilities

2. “Expanding Education: Social-Sexual Responsibilities”

Teresa Casullo, *Sexuality Educator*, Planned Parenthood Mohawk-Hudson

This skill based session will prepare participants to deliver formal and informal education that goes beyond focusing on sexual health specific topics and aims to address the social and relationship navigation skills necessary for positive and healthy sexual expression.

1:30pm – 2:30pm **Workshops (Choose One)**

1. “Intersections of Oppression: Where Intellectual Disabilities, Sexual Orientation and Gender Identity Meet”

Darren Cosgrove, *Sexuality Educator*, Planned Parenthood Mohawk-Hudson

People with intellectual disabilities often face significant challenges in expressing their sexuality. Contributing to these difficulties is a limited cultural understanding of lesbian, gay, bisexual and transgender identity. In this interactive multimedia workshop participants will gain a deeper understanding of oppressive cultural messages, LGBTQ sexual orientation and gender identity and learn how to begin addressing the discrimination and stigma present in daily life.

2. “Informed Consent”

Jeffrey Hallenbeck, MS, LMHC and Tracy Barboza, LCSW – Living Resources Corp.

This session will discuss what is informed consent, who needs to be evaluated and why, what tools are used to evaluate informed consent and how is consent related to guardianship, sexual rights and the criminal justice system.

2:30 pm—2:45pm **Break – join us for dessert**

2:45 pm—4:00 pm “Supporting People with Intellectual and Developmental Disabilities who Desire Intimate Relationships”

Perry Samowitz

How do we teach individuals with ID/DD to be in a relationship and how do we go about creating a socialization program where they may be able to meet others?