

Looking for a Healthy, Nutritional, Fun Saturday with your Autistic child?



*Come and try AMT with Certified
AMT Instructor Kristy Cox.
She is also certified in Yoga and
Barre.*

*In her full time job she works with
individuals with disabilities in
coordinating services for them.*

4 weeks of AMT for \$65

*Register with Saratoga Core
Fitness(583-3488)*

Limited to 10 students

Parents must stay in building



Where: **Saratoga Core Fitness**

68 West Ave, Saratoga Springs, NY 12866

When: January 10, 17, 24, 31

Time: 10:00 am-11:00 am