



Saratoga Bridges is hosting Go Kids this Spring

The Go Kids Adapted PE class provides a safe & positive physical education experience for children with special needs. Children of all skill and fitness levels are invited to have fun and keep their bodies moving. The aim is to help them improve their physical skills, enjoy fitness and build their confidence in a structured, non-competitive environment. They will participate in a variety of sport-related games & activities while working towards achieving their goals.

For children ages 6-14

Saratoga Bridges, 16 Saratoga Bridges Blvd., Ballston Spa

Wednesdays evenings for 5 weeks April 15 – May 13

5:30-6:30pm

Tuition - \$50

***Participants who require 1:1 support
must have a caregiver present to participate***

**Please contact Emmie Doin at 518-878-6502 or
Emmie.doin@123gokids.com for further information and to register**