

**REFORM PILATES STUDIO**

# **PILATES FOR A PURPOSE**



saratogabridges



## **FUNDRAISER**

# **PILATES FOR SARATOGA BRIDGES - DEVELOPMENTAL DISABILITIES AWARENESS SATURDAY MARCH 11TH • 10:00AM**

### **REFORM. A TRUE PILATES STUDIO**

Please join us for an Open level Pilates Mat Class. All levels and experience welcome. No charge for class. Donations accepted at the door. Please wear comfortable clothing and socks. Bring a yoga mat if you have one and arrive 15 minutes prior to class. 18 Division St. Suite #203. Saratoga Springs. 518-871-1315 [reformyourbody.com](http://reformyourbody.com)

**100% OF  
DONATIONS GO TO  
THIS NON-PROFIT**