

Daily Health Checks Protocol (formerly COVID-19)

Maintain a healthy environment (DAILY)

- Face masks at all times at work
- Clean high touch surfaces every shift
- Clean bathroom after every use
- Wear gloves when handling soiled linens
- Gloves and facemasks and other contaminated items should be disposed of in a garbage bag prior to putting it in with household trash
- Handwashing often - hand sanitizer readily available in all care locations and the entrance to each room
- Use hand sanitizer on entrance and exit to each room
- Make sure your Hepa Filters are on and working properly
- Follow the Nebulizer protocol

Screening Staff/individuals (DAILY)

- Staff must wear mask and gloves to screen people
- Ask about symptoms of illness (including COVID symptoms) and check temperature. Must be <100°F
- Ask about close contact with a case of COVID or tested positive within the past 14 days

Suspected or Confirmed Cases - ISOLATE

If there are symptoms of illness the person should isolate in their room, pending confirmation. The length of isolation will be determined by nursing on a case-by-case basis.

- ✓ NOTIFY NOC and MOC.
 - ∞ NOC will direct when to test for COVID
 - ∞ MOC will dedicate staff to the house who have been there the past 2 days
 - MOC notifies AOC
- ✓ Track symptoms each shift (12a, 8a, 4p) and fax results to Residential fax (518-693-1783) daily at 4 pm
- ✓ Symptomatic or unvaccinated people must quarantine in their room
- ✓ They must wear a mask to leave room to go to bathroom
- ✓ Dedicate a bathroom to symptomatic people
- ✓ ENHANCED PRECAUTIONS for anyone symptomatic or confirmed positive (See PPE)
- ✓ Cancel group activities and communal dining - offer activities in individual rooms
- ✓ Notify MD during next business hours. Call NOC if oxygen level is low, breathing is heavy or excessive sweating/shivering.
- ✓ Unvaccinated staff to quarantine when not working.
- ✓ All staff to self-monitor for symptoms.
 - ∞ Must be able to pass Health Check on Entrance to facility
- ✓ Isolation Rooms must have:
 - ∞ A PPE station outside the room that is stocked with essential supplies and equipment disinfectant.
 - ∞ A lined trash can for PPE and hand sanitizer at the exit to the room.

PPE (Personal Protective Equipment)

You have not been exposed to a person positive for COVID if you work in a healthcare setting and are wearing the appropriate, required PPE.

- Face Masks – at all times, Wear (K)N95 masks for nebulizer treatments and if doing personal care on a suspected or confirmed case.
 - After putting mask on make sure that when you breathe in and out there is not air leakage around the edges of the (K)N95.
 - The (K)N95 masks can be reused for up to 5 days. Store in a paper bag with your name on it between uses.
- Eye protection – Safety goggles or a face shield should be worn when giving close care.
 - Remove the eye protection before leaving the room.
 - Disinfect between each use.
- Gowns – put on prior to entering the room.
 - Remove and discard gown prior to exiting room.
- Gloves – put on at entry to room,
 - Remove on exit and discard in dedicated bin.

Exposure and Quarantine

If you have had close community contact with a person with confirmed COVID 19 you must quarantine and track yourself for symptoms for 14 days.

Individuals

1 person exposed in community – If a person is exposed at on a home visit or a day program:

- The person must have symptoms tracked each shift (12a, 8a, 4p) for 14 days. Their house mates do not need to quarantine or have symptoms tracked because they were not exposed to a positive case.
- If the person develops symptoms follow the directions for suspected or confirmed cases.

House exposed by suspected or confirmed positive person who had close contact while giving care:

- All individuals in the household should have symptoms followed each shift (12a, 8a, 4p) for 14 days.
- If an individual develops symptoms follow the directions for suspected or confirmed cases.

DayHab, Appointments and Home Visits During the 14 Day Quarantine Period.

- A person who has no symptoms and is vaccinated may attend DayHab, appointments and home visits based on the screening policies of the place they are going.
 - ∞ Home – Family should be aware of the exposure prior to deciding to take them home. They should maintain 3 times a day screening and know how to proceed if symptoms appear. Screening data should be provided to the house on return home.
 - ∞ Appointments – Appointments should be called and notified of the exposure and follow the recommendations of the doctor's office. If they will keep the appointment, plan to attend the appointment. The individual must wear a mask.
 - ∞ DayHab – DayHab must be informed of the exposure prior to arrival and be provided the opportunity to decide if they will accept the exposed individual or not.
- A person who has no symptoms and is not vaccinated may attend DayHab, appointments and home visits based on the screening policies of the place they are going.
 - ∞ Home – Family should be aware of the exposure prior to deciding to take them home. They should maintain 3 times a day screening and know how to proceed if symptoms appear. Screening data should be provided to the house on return home.
 - ∞ Appointments – Appointments should be called and notified of the exposure and lack of vaccination status. Follow the recommendations of the doctor's office. If they will keep the appointment, plan to attend the appointment. The individual must wear a mask.
 - ∞ DayHab – DayHab must be informed of the exposure and lack of vaccination status prior to arrival and be provided the opportunity to decide if they will accept the exposed individual or not.

Employees

No Symptoms:

- Vaccinated and unvaccinated – continue to come to work unless you develop symptoms.
 - ∞ Maintain mask and social distance guidelines at all times.
 - ∞ Quarantine when not at work, track symptoms for 14 days.
 - ∞ At the first sign of symptoms, stop work and isolate at home, get Covid tested.

Symptoms after exposure:

- Go home/stay home
- Get tested and talk to your MD
 - ∞ If Positive - Isolate for 10 days after the positive test. You must be fever free for 24 hours without fever reducing medications and your symptoms must be improving.
 - In some cases, your manager may ask you to return to work after 5 days if you are fever and symptom free.
 - ∞ If Negative – quarantine and retest in 2 days. Follow MD guidance.

